SCHOLARSHIP INFORMATION

A guidebook to scholarships and financial aid within NBHWC Approved Training Programs

www.nbhwc.org

*updated July 2021
National Board for Health & Wellness Coaching

NBHWC APPROVED PROGRAMS MUST MEET A MINIMUM STANDARD IN THE AREAS OF CONTENT, CONTACT HOURS, AND FACULTY.

INDIVIDUALS WISHING TO BECOME BOARD CERTIFIED MUST FIRST ATTEND AN APPROVED PROGRAM.

LOOK FOR THE NBHWC SEAL OF APPROVAL WHEN FINDING A TRAINING PROGRAM THAT IS RIGHT FOR YOU.

Programs included in this guide meet or exceed the NBHWC published standards for health and wellness coaching training and education.

Graduates from these programs qualify to apply for the National Board Certification Examination and have the opportunity to earn the designation, National Board Certified Health and Wellness Coach (NBC-HWC).

For a complete list of programs that are approved by NBHWC, please visit:

www.nbhwc.org/find-an-approved-training-program
The National Board for Health & Wellness Coaching envisions a world where everyone thrives.

Scholarship offerings promote equity of access to training opportunities for health coaches from all backgrounds, and are a step towards reducing health inequities and improving health care outcomes for all.

Please note that, while each of these programs meet the published NBHWC standards, they are distinct in many ways. Interested individuals should do their due diligence.

For a complete list of programs that are approved by NBHWC, please visit:

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This guidebook contains information submitted to NBHWC by NBHWC Approved Training Programs.

Additional scholarships may be available.

PLEASE CONTACT PROGRAMS DIRECTLY FOR ADDITIONAL INFORMATION.
A Wellness Revolution

We offer a discount for students who are enrolled in other programs, Colleges or Universities at the time that they enroll to take the course.

Andrew Weil Center for Integrative Medicine

AWCIM is able to offer a number of scholarships up to $1,500 for the Integrative Health & Wellness Coaching. Scholarship applications are open about 4 months before each coaching start date.

Anthropedia

We provide needs-based financial aid. Those seeking to apply simply need to fill out the financial aid portion of our program application.
College of Lake County

Many students receive financial support, and in some instances do not have to pay anything out of pocket to complete our programs.

dep.t.clcillinois.edu
fardito@clcillinois.edu

Creighton University

Creighton is pleased to offer credit toward your master’s degree for previous coaching experience. Federal Financial Aid is also available up to the full cost of the program.

gradschool.creighton.edu/
ThomasLenz@creighton.edu

Cuyahoga Community College

Visit website for the most up to date information on available scholarships.

www.tri-c.edu/healthcoach
Christopher.Faciana@tri-c.edu
216-987-4822
Duke Health & Well-Being

Duke Health & Well-Being has limited funds available for partial financial assistance. The funds may cover up to 10% of the registration fee.

https://dhwprograms.dukehealth.org
dina.lumia@duke.edu

Expert Coach Center

1) Wellness Warrior scholarship open to those who identify as black (90% of tuition).

2) Wellness Warrior Scholarship open to anyone (60% of tuition).

https://expertcoachcenter.org
dawnmazur@expertcoachcenter.com

Gray

Full and partial scholarships based on individual needs.

https://www.gray.life/coach-training/
megan@gray.life
415-518-0646
HealthWorld Online

We offer a $1,000 scholarship toward the full tuition of our Wellness Inventory Certification Training twice annually. We offer a 15% discount to all veterans.

https://www.bodymindspirit.com/
jim@healthy.net
530-615-4555

Hill College

Federal Financial Aid and other student scholarships are available.

https://www.hillcollege.edu
817-760-5630

Institute of Transformational Nutrition

Each month, we award two full scholarships for our Certified Transformational Nutrition Coaching (CTNC) program.

https://transformationalnutrition.com
success@transformationalnutrition.com
866-933-4492
Isora Neurociencia

Isora Neurociencia offers scholarships and discounts for unemployed people.

https://isoraneurociencia.com
contacto@isorasolutions.com
34607186317

The Integrative Women's Health Institute

$2000 needs based scholarship is available.

https://integrativewomenshealthinstitute.com
jessica@integrativewomenshealthinstitute.com

Legacy Holistic Health Institute

Prospective students who have proof of education and credentials beyond a high school diploma are extended a partial scholarship to the program. This is also extended to service men and women who are in active duty or retired.

https://legacyhealthcoach.com/
Admin@legacyhealthcoach.com
628-262-2463
Lifestyle Prescriptions® University

$2,000 scholarship for new students referred from the NBHWC website. The scholarship is exclusively applied towards the NBWHC approved health coach training.

https://lifestyleprescriptions.org
emma@lifestyleprescriptions.tv
310-928-6638

Point Loma Nazarene University

Every year we provide a total of $10,000 in academic scholarships to graduate students enrolled in the Master of Kinesiology in Integrative Wellness program at PLNU.

https://www.pointloma.edu/
jmatthew@pointloma.edu

Primal Health Coach Institute

Two full scholarships to students on an annual basis to both our Primal Health Coach Certification Program and our Primal Health Level 2 Certification Program.

https://www.primalhealthcoach.com/level2/help@primalhealthcoach.com
628-262-2463
Take Courage Coaching

One scholarship is available that covers the full cost of the training course ($4900 value).

https://takecouragecoaching.com
paul@takecouragecoaching.com
435-315-2483

Tennessee Valley Healthcare System

This program is free to Veterans and their Caregivers.

TVHWholeHealthCoachingFaculty@va.gov

University of Vermont

The University of Vermont is pleased to be able to offer a special tuition rate for out of state continuing education students that is equal to the in state tuition rate.

https://www.uvm.edu
CDE.Learn@uvm.edu
University of Minnesota

The Bakken Center is able to offer two scholarships up to $1,500 per semester for the Integrative Health and Wellbeing Coaching (M.A. and Certificate Track). Scholarship applications are reviewed in October and applied to the students' Spring semester.

https://www.csh.umn.edu

csh-academics@umn.edu

612-624-3399

Workplace Options

We offer our training program at no charge to Workplace Options employees. We also offer 1 spot per year to employees of our global partners. We offer 10% discount to active or retired U.S. military personnel.

https://www.workplaceoptions.com/

wpocoachtraining@workplaceoptions.com
The GI Bill is a Department of Veterans Affairs education benefit earned by members of Active Duty, Selected Reserve and National Guard members and their families. The benefit is designed to help service members and eligible veterans cover the costs associated with getting an education or training.

The following NBHWC Approved Training Programs are eligible for the GI Bill. Please contact the programs directly for details.

<table>
<thead>
<tr>
<th>A WellnessRevolution</th>
<th>Hill College</th>
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<tbody>
<tr>
<td><a href="mailto:info@awellnessrevolution.com">info@awellnessrevolution.com</a></td>
<td><a href="mailto:cclay@hillcollege.edu">cclay@hillcollege.edu</a></td>
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<td>Arizona State University</td>
<td>Isora Neurociencia</td>
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<td><a href="mailto:kgregor3@asu.edu">kgregor3@asu.edu</a></td>
<td><a href="mailto:contacto@isorasolutions.com">contacto@isorasolutions.com</a></td>
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<td>College of Lake County</td>
<td>Lifestyle Prescriptions® University</td>
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<td><a href="mailto:fardito@clcillinois.edu">fardito@clcillinois.edu</a></td>
<td><a href="mailto:emma@lifestyleprescriptions.tv">emma@lifestyleprescriptions.tv</a></td>
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<td>Creighton University</td>
<td>Ohio State University</td>
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<tr>
<td><a href="mailto:ThomasLenz@creighton.edu">ThomasLenz@creighton.edu</a></td>
<td><a href="mailto:amaya.13@osu.edu">amaya.13@osu.edu</a></td>
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<tr>
<td>Cuyahoga Community College</td>
<td>Pack Education</td>
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<tr>
<td><a href="mailto:Christopher.Faciana@tri-c.edu">Christopher.Faciana@tri-c.edu</a></td>
<td><a href="mailto:jennifer.ralph@packedu.com">jennifer.ralph@packedu.com</a></td>
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<td>Georgetown University Institute for Transformational Leadership</td>
<td>Point Loma Nazarene University</td>
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<td><a href="mailto:lynn.screen@georgetown.edu">lynn.screen@georgetown.edu</a></td>
<td><a href="mailto:jmatthew@pointloma.edu">jmatthew@pointloma.edu</a></td>
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<th>University of Utah</th>
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<tr>
<td><a href="mailto:jcerrato@saybrook.edu">jcerrato@saybrook.edu</a></td>
<td><a href="https://registrar.utah.edu/veteran/">https://registrar.utah.edu/veteran/</a></td>
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<tr>
<td>The Ohio State University</td>
<td>University of Vermont</td>
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<tr>
<td>veterans.osu.edu</td>
<td><a href="mailto:CDE.Learn@uvm.edu">CDE.Learn@uvm.edu</a></td>
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<td>University of Minnesota</td>
<td>UW-Stevens Point</td>
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<tr>
<td><a href="mailto:csh-academics@umn.edu">csh-academics@umn.edu</a></td>
<td><a href="mailto:jhess@uwsp.edu">jhess@uwsp.edu</a></td>
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The National Board for Health & Wellness Coaching (NBHWC) is overseen by a board of directors, and supported by committees composed of volunteers and staff members who seek to advance the profession of health & wellness coaching.

Shortly after forming in 2012, the organization established a Job Task Analysis (JTA) for the industry, which was validated by more than 1,000 practicing health & wellness coaches. It has since been expanded to the HWC Content Outline, which now serves as the framework for the National Board Certification Examination, and the training and education standards that programs adhere to when applying for NBHWC approval.

In 2016, the organization began working with the National Board of Medical Examiners (nbme.org) to establish a board certification examination, which has since certified more than 5,000 health & wellness coaches who work in the fields of healthcare, employee wellness, government, and private practice. The National Board Certified Health & Wellness Coaching community is composed of trained, educated coaches, who are passionate about working with patients and clients for better health outcomes.

NBHWC Mission
The mission of the NBHWC is to lead the advancement of health & wellness coaching by establishing professional standards and collaborative partnerships.

NBHWC Vision
The NBHWC envisions a world where all people thrive.

www.NBHWC.org