SCHOLARSHIP INFORMATION

A guidebook to scholarships and financial aid within NBHWC Approved Training Programs

www.nbhwc.org
Updated 2022
NBHWC Approved Programs must meet a minimum standard in the areas of content taught, contact hours with students, faculty requirements, and development and assessment of practical skills of students.

Individuals wishing to become National Board Certified Health & Wellness Coaches (NBC-HWC) must first attend an NBHWC Approved Training Program.

Look for the **NBHWC Seal of Approval** when finding a training program that is right for you.

Programs included in this guide meet or exceed the NBHWC published standards for health and wellness coach training and education.

Graduates from these programs qualify to apply for the National Board Certification Examination and have the opportunity to earn the designation, National Board Certified Health & Wellness Coach (NBC-HWC).

For a complete list of programs that are approved by NBHWC, please visit: [https://nbhwc.org/find-an-approved-training-program](https://nbhwc.org/find-an-approved-training-program)
The National Board for Health & Wellness Coaching envisions a world where all people thrive.

Scholarship offerings promote equity of access to training opportunities for health coaches from all backgrounds, and are a step towards reducing health inequities and improving healthcare outcomes for all.

Please note that, while each of these programs meet the published NBHWC standards, they are distinct in many ways. Interested individuals should do their due diligence prior to enrolling in a training program.

For a complete list of programs that are approved by NBHWC, please visit: https://nbhwc.org/find-an-approved-training-program
This guidebook contains information submitted to NBHWC by NBHWC Approved Training Programs.

Additional scholarships may be available.

Please contact programs directly for additional information.
Health and Wellness Coach, Certificate
Provided by: Arizona State University

Financial Aid is available for degree-seeking students. The program cost can be calculated by using ASU’s Tuition and Cost of Attendance Estimator to review program-specific tuition and fees: https://students.asu.edu/tuition.

Requirements: Once a student qualifies for ASU’s bachelorette program and seeks financial aid or scholarships, such funds apply to seeking the HWC certification. ASU also has a link available to seek scholarship opportunities: https://students.asu.edu/scholarships

chs@asu.edu

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Anthropedia Well-Being Coach Certification Program
Provided by: Anthropedia

Being a non-profit, our tuition is already below the market value, especially when taking into consideration the length of our training (270 hours). However, if any students need additional financial assistance, we do provide needs-based financial aid.

Requirements: In order to see if you qualify for financial assistance, you simply need to fill out the financial aid section of our program application. Upon acceptance into the program, you will be notified of your financial aid offer.

amuszynski@anthropedia.org

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These programs have scholarships available for the NBHWC Approved Training & Education Program

GI bill can be applied to tuition for these programs

These programs are doing outreach or projects regarding diversity, equity & inclusion
Certificate in Health and Wellness Coaching; AAS Degree - Health and Wellness Coaching Specialty Option

Provided by: College of Lake County

In addition to traditional federal loans and grants, our college offers literally dozens of scholarship opportunities.

Requirements: Requirements vary and are based on the individual scholarship. For more information and a list of currently available scholarships, visit: https://clcillinois.academicworks.com/ 

fardito@clcillinois.edu

Integrative Health Studies

Provided by: California Institute of Integral Studies

All newly admitted students are considered for the CIIS Opportunity Scholarships, which range from $500 to $3,000. A separate institutional application is not needed for this scholarship. Additional scholarships requiring an application are available through CIIS Financial Aid.

Requirements: Opportunity Scholarships are on a first-come-first-serve basis. Complete the most current FAFSA as soon as possible. You must be fully admitted and enrolled full time. https://www.ciis.edu/admissions-and-financial-aid/financial-aid/scholarships for more information

CIIS Financial Aid

Health Coach Certificate at Bucks County Community College

Provided by: Bucks County Community College

VABenefits@bucks.edu

Certificate in Health and Wellness Coaching; AAS Degree - Health and Wellness Coaching Specialty Option

Provided by: College of Lake County

In addition to traditional federal loans and grants, our college offers literally dozens of scholarship opportunities.

Requirements: Requirements vary and are based on the individual scholarship. For more information and a list of currently available scholarships, visit: https://clcillinois.academicworks.com/
Health and Wellness Coach Certification Prep at Cuyahoga Community College
Provided by: Cuyahoga Community College

The Health and Wellness Coach Certification Prep at Cuyahoga Community College is Financial Aid eligible if students are taking this class as part of the Associate of Applied Science in Sport and Exercise Studies degree. If taking this as a standalone course, it will not be Financial Aid eligible.

Requirements: Students must be pursuing the Associate of Applied Science, in Sport and Exercise Studies degree in order for this course to be Financial Aid eligible. For more information, visit: www.tri-c.edu/scholarships

Christopher.Faciana@tri-c.edu

Health & Wellness Coaching Certificate
Provided by: Emory Continuing Education

Our program is approved for WIOA (Workforce Innovation and Opportunities Act) funding.

Requirements: This requires students to live in Georgia and be unemployed or have income below a certain threshold, but it will cover all tuition for those who qualify.

ted.davis@emory.edu

Wellness Coach Certification
Provided by: Expert Coach Center

We have two Wellness Warrior Scholarships that cover up to 90% of the cost of tuition. Our wellness warrior scholarship is for those who are passionate about wellness and desire to make a positive impact in their community. Please visit this link to learn more about our scholarship opportunities.

Requirements: Must complete the application and submit required materials (personal statement, letter of recommendation, and transcripts). This is not a financial need scholarship.

dawnmazur@expertcoachcenter.com
Coaching Intensive Practicum 2.0
Provided by: Institute for Integrative Nutrition

The Institute for Integrative Nutrition (IIN) is pleased to offer two tuition scholarships per cohort of the Coaching Intensive Practicum 2.0.

Requirements: Please note that completion of IIN’s Health Coach Training Program or an approved equivalent is a required pre-requisite of this course. Scholarship recipients who wish to enroll in the Health Coach Training Program are eligible to receive a tuition discount as part of their award package. Please contact us for more information on how to apply.

support@coachingintensivepracticum.com

Wellness Inventory Certification Training
Provided by: HealthWorld Online, Inc.

We offer a $1,000 scholarship toward the full tuition of our Wellness Inventory Certification Training twice annually. We offer a 15% discount to all veterans.

Requirements: Financial hardship.

jim@healthy.net

Integrative Health Professions Degree AND the Integrative Health & Wellness Coaching Certificate
Provided by: Front Range Community College

https://www.frontrange.edu/getting-in/admissions/military-and-veterans

joanna.yaromy@frontrange.edu
**Certified Transformational Nutrition Coach**
Provided by: [Institute of Transformational Nutrition](mailto:success@transformationalnutrition.com)

One monthly Veteran’s scholarship  One monthly BIPOC scholarship

**Requirements:** Monthly Veteran’s scholarship - must be a veteran. Monthly BIPOC scholarship - must be a member of the BIPOC community.

**Certified Intrinsic Health & Wellbeing Coach**
Provided by: [Intrinsic Solutions, International](mailto:registrar@isintl.com)

**Holistic Health Coach**
Provided by: [Legacy Holistic Health Institute](mailto:admin@legacyhealthcoach.com)

Partial scholarships that are ~15% are extended to those individuals who have continued their education beyond high school and have not received a scholarship in any other capacity. This is also extended to all active and veteran servicemen and women with or without a degree.

**Requirements:** Legacy extends scholarships to those individuals with an Associates Degree or higher and are active or veteran servicemen and women. For those who may not qualify, Legacy provided consumer and private student loans with flexible financing for up to 5 years. Legacy also provides financing resources for prospects who prefer an interest-free credit card to finance their education. Some loans have credit qualifications and provide lower rates.
$1,000 Scholarship (Tuition Credit) for student referred by NBHWC.

Requirements: Financial aid is available for existing health professionals, new students starting a career (and students living in underserved communities). Affordable payment plans are also available.

emmac38@lifestyleprescriptions.tv

PBC-HWC

Provided by: Maryland University of Integrative Health

Maryland University of Integrative Health (MUIH) offers scholarships and grants to both in state and out of state students. Students who are interested in applying for one or more scholarships and or grants must submit an online application. Each scholarship and or grant will be based on the following including, but not limited to specific program, need-based, or diversity.

Requirements: To qualify for the scholarships and or grants, students must be admitted to MUIH. A single application essay of no more than two pages may be used to apply for any number of institutional scholarships for which a student believes they are eligible. The application essay should address the following questions:

Why are you deserving of the scholarship(s)?

» Please include any examples of how a scholarship would be helpful to you in the upcoming trimester or year.

» How do you intend to use your education upon graduating from your program?

» What service(s) do you plan to bring to the world resulting from your studies?

Admissions@muih.edu
Health Coach Certification
Provided by: mindbodygreen

We offer tuition scholarships, of varying amounts, to students who qualify from a financial and/or merit standpoint.

**Requirements:** Interested students should notify mindbodygreen and will then need to submit a short statement outlining their qualification in order to be considered.

mbgcoaching@mindbodygreen.com

Wellness & Health Promotion Associate Degree
Provided by: Northeast Wisconsin Technical College

Each year an active student attending Northeast WI Technical college has the ability to apply for numerous scholarships to help with program costs.

**Requirements:** Each scholarship is different, but active students is main requirement for all.

veteranservices@nwtc.edu
**Health Coach**  
Provided by: Randolph Community College

We have Workforce Development/Continuing Education scholarships available for students in the Health Coach program. The scholarships cover several programs including the Health Coach program. The scholarships are funded by various organizations including Golden Leaf Foundation, GEER, and the RCC Foundation.

**Requirements:** The requirements vary for each funding source that provides scholarships. GEER scholarships require the student to be a resident of NC and be enrolled in a 96 hour or more program, Golden Leaf scholarships are based on being in a 96 hour or more program, is based on earning wages 200% below the poverty guidelines, and student must live in a rural county (Randolph) in NC. RCC Foundation scholarships are open to any workforce development class other than a class identified as a self-supporting course. The RCC Foundation scholarships analyze income at or below 150% of poverty guideline.

smjones@randolph.edu

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**Certificate of Graduate Study in Wellness Coaching**  
Provided by: Rowan University

spencer@rowan.edu

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**Southwest Institute of Healing Arts - Health & Wellness Coaching**  
Provided by: Southwest Institute of Healing Arts

amberi@swiha.edu
The Health and Wellness Coaching Academy
Provided by: The Health and Wellness Coaching Academy

We provide payment plans for students and offer free tuition to students with qualifying needs.

Requirements: Single Mother, Low Income, Special Needs

nutritionalfactors@gmail.com

UNCG Health Coaching Program
Provided by: UNC Greensboro

Applicants should be an individual who has worked in the field of community health for at least two (2) years and is pursuing the certificate training that would qualify them for a position in health and wellness coach practice. The scholarships honors the important work of community health advocates who promote health in their communities.

Requirements: In a cover letter, describe your professional employment, volunteer and academic experience relevant to health and wellness coaching; as well as how your personal and professional goals for coaching.

coaching@uncg.edu

Health Education Specialist and Wellness Coaching Program
Provided by: University of Utah

julia.franklin@health.utah.edu
Certificate in Integrative Health and Wellness Coaching
Provided by: University of Vermont

Information about financial aid and scholarship opportunities for undergraduate students pursuing a degree and the Certificate in Integrative Health and Wellness Coaching can be found here: https://www.uvm.edu/studentfinancialservices. Information about financial aid and scholarship opportunities for professional and continuing education students pursuing a Certificate in Integrative Health and Wellness Coaching can be found here: https://www.uvm.edu/studentfinancialservices/continuing_education_tuition_and_fees.

Requirements: Requirements vary. Please contact student financial services.

sfs@uvm.edu

Wave Emotional Well-being Coach Training Program
Provided by: Wave Life

We provide financial assistance on a case by case basis.

Requirements: For those who are interested in receiving financial assistance, we ask them to complete a supplemental application along with their program application. We ask them to share how much they can pay, how much they are looking for assistance with, and how taking the training would benefit them and their community. We then process that information with the application and award dollar amounts form there.

megan@wavelife.io
**Integrative Health Coach Program**
Provided by: **YogaMedCo**

YogaMedCo invites scholarship applicants to contact us directly for details regarding our scholarship programs. We offer 50% scholarships based on financial need and 100% scholarships based on work/study internship participation.

**Requirements:**
We welcome scholarship applicants without condition, as part of our efforts to advance health equity. Our scholarship advisory panel determines scholarship grants based on cohort availability. Scholarship applicants are asked to reach out to us directly for an application designating interest in 50% scholarship (based on need) or 100% scholarship (based on work/study internship participation).

suzie@yogamedco.com

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**Live Well Wellness Global Coach Training Program**
Provided by: **Workplace Options**

Our coach training program is free of charge to Workplace Options employees and partners. We offer 10% discount to active and retired military.

**Requirements:**
No cost = employee or partner
10% reduction= active or retired military

wpocoachtraining@workplaceoptions.com
The GI Bill is a Department of Veterans Affairs education benefit earned by members of Active Duty, Selected Reserve and National Guard members and their families. The benefit is designed to help service members and eligible veterans cover the costs associated with getting an education or training.

The following NBHWC Approved Training Programs are eligible for the GI Bill. Please contact programs directly for details.

1. Arizona State University
   https://military.asu.edu/gi-billr

2. Bucks County Community College
   VABenefits@bucks.edu

3. California Institute of Integral Studies

4. College of Lake County
   fardito@clcillinois.edu

5. Cuyahoga Community College
   Christopher.Faciana@tri-c.edu

6. Front Range Community College
   https://www.frontrange.edu/getting-in/admissions/military-and-veterans

7. Maryland University of Integrative Health
   Registrar@muih.edu

8. Northeast Wisconsin Technical College
   veteranservices@nwtc.edu

9. Randolph Community College
   mdwhisenant@randolph.edu

10. Rowan University
    global@rowan.edu

11. Southwest Institute of Healing Arts
    amberi@swiha.edu

12. UNC Greensboro
    https://military.uncg.edu/va-benefits/

13. University of Utah
    julia.franklin@health.utah.edu

14. University of Vermont
    sfs@uvm.edu
The National Board for Health & Wellness Coaching (NBHWC) is overseen by a board of directors, and supported by committees composed of volunteers and staff members who seek to advance the profession of health & wellness coaching.

Shortly after forming in 2012, the organization established a Job Task Analysis (JTA) for the industry, which was validated by more than 1,000 practicing health & wellness coaches. It has since been expanded to the HWC Content Outline, which now serves as the framework for the National Board Certification Examination, and the training and education standards that programs adhere to when applying for NBHWC approval.

In 2016, the organization began working with the National Board of Medical Examiners (nbme.org) to establish a board certification examination, which has since certified more than 5,000 health & wellness coaches who work in the fields of healthcare, employee wellness, government, and private practice. The National Board Certified Health & Wellness Coaching community is composed of trained, educated coaches, who are passionate about working with patients and clients for better health outcomes.

**NBHWC Mission**

The mission of the NBHWC is to lead the advancement of health & wellness coaching by establishing professional standards and collaborative partnerships.

**NBHWC Vision**

The NBHWC envisions a world where all people thrive.

www.NBHWC.org