



APPROVED TRAINING PROGRAM

SCHOLARSHIP INFORMATION

A guidebook to scholarships
and financial aid within NBHWC
Approved Training Programs

www.nbhwc.org
Updated 2026





NBHC Approved Programs must meet a minimum standard in the areas of content taught, contact hours with students, faculty requirements, and development and assessment of practical skills of students.

Individuals wishing to become National Board Certified Health & Wellness Coaches (NBC-HWC) must complete an NBHC Approved Training Program.

Look for the **NBHC Seal of Approval** when finding a training program that is right for you.



**APPROVED
TRAINING
PROGRAM**

Programs included in this guide meet or exceed the NBHC published standards for health and wellness coach training and education.

Graduates from these programs qualify to apply for the National Board Certification Examination and have the opportunity to earn the designation, National Board Certified Health & Wellness Coach (NBC-HWC).

For a complete list of programs that are approved by NBHC, please visit:
<https://nbhwc.org/find-an-approved-training-program>



The National Board for Health & Wellness Coaching envisions a world where all people thrive.

Scholarship offerings promote equity of access to training opportunities for health coaches from all backgrounds, and are a step towards reducing health inequities and improving healthcare outcomes for all.

Please note that, while each of these programs meet the published NBHWC standards, they are distinct in many ways. Interested individuals should do their due diligence prior to enrolling in a training program.

For a complete list of programs that are approved by NBHWC, please visit:
<https://nbhwc.org/find-an-approved-training-program>



This guidebook contains information submitted to NBHWC by NBHWC Approved Training Programs.

Additional scholarships may be available.

Please contact programs directly for additional information.

 *Payment Plan Available*

 *GI Bill Eligible*



Health & Wellness Coaching Course

Provided by: **A Wellness Revolution** 

A Wellness Revolution offers a significant discount for students currently enrolled in a university or professional training program. They only accept a few students for each cohort. It is on a first come first serve basis.

Requirements to qualify: Students must be currently enrolled in a university or professional training. It will be necessary to send in a student ID from the current university/training.

<https://www.awellnessrevolution.com/pricing-and-payment-plans/>

info@awellnessrevolution.com | Cathleen Beerkens

Health Coach Certificate

Provided by: **Bucks County Community College** 

The Bucks County Community College Foundation offers scholarships to students pursuing their education at Bucks. For financial needs-based scholarships, students are responsible to file the appropriate FAFSA (Free Application for Federal Student Aid) prior to completing a scholarship application. Each scholarship has its own set of requirements. Full details can be found on the Bucks' website and Scholarship Universe. Bucks County Community College provides a diverse community of learners with exemplary, accessible educational opportunities and the personal connections that foster success. One of the most difficult aspects of attending college can be figuring out how to pay tuition. The good news is that there are many options for receiving financial aid. These include grants, scholarships, loans, and work-study opportunities.

Program supports attainment of 50 coaching sessions.

<https://www.bucks.edu/scholarships/>

scholarships@bucks.edu

M.A. degree of Integrative Health Studies or Certificate in Integrative Health and Wellness Coaching



Provided by: **California Institute of Integral Studies**

California Institute of Integral Studies (CIIS) offers a variety of scholarships to support prospective students:

Both merit- and need-based scholarships are available through CIIS and are open to IHL students. As a regionally accredited graduate degree program, students are eligible for federal financial aid (including federal loans).

1. CIIS Opportunity Scholarship

Available to all newly admitted full-time students.

Awards typically range from \$500 to \$3,000.

2. Inaugural Scholarship

Awarded to newly admitted full-time students in new degree programs.

Recipients may receive \$2,500 per semester for the length of the program if they remain in good academic standing.

3. Named Scholarships (e.g., Michael Gityjoon Hebel Scholarships)

Available to incoming and continuing students.

4. Program-specific or Discipline Scholarships

Awards (e.g. \$5,000) available to qualified students within select programs.

5. Diversity Scholarships

CIIS offers diversity awards for students from historically underrepresented backgrounds who demonstrate financial need and commitment to diversity and inclusion.

6. Other Aid Options

CIIS also provides fellowships and assistantships (teaching or research) in some areas.

Federal financial aid (grants and loans) is available for eligible students.

Requirements:

Opportunity Scholarship:

- Be fully admitted to a degree program.
- Enroll full-time.
- Submit the FAFSA promptly (international students should complete the International Student Scholarship Application).

Diversity Scholarship:

- Submit a Diversity Scholarship Application.
- Complete the standard admissions application for their chosen program.
- Provide a personal statement detailing their commitment to diversity and inclusion.

Fellowships and Assistantships:

- Submission of additional application materials.
- Demonstration of relevant experience or skills.
- Students complete a substantial portion of the required coaching hours within the curriculum:

Support for 50 coaching sessions: 30 coaching hours are accrued in the first year through two 3-credit coaching courses, which include structured coaching practice and supervision. In the second year, students may apply to serve as a coach through the CIIS Wellness Center, where they can accrue additional hours under supervision.

Commitment to specific work hours or project involvement.

<https://www.ciis.edu/admissions-and-financial-aid/costs-and-aid/scholarships>

finaid@ciis.edu



Master Certified Wellness Coach

Provided by: **Catalyst Coaching Institute**



Catalyst Coaching Institute provides the Catalyst Ambassador Scholarship. This opportunity is extended to individuals who are fluent in both English and Spanish and who desire to pursue a career as a National Board Certified Health & Wellness Coach in the United States of America. Your skill to coach individuals in both English and Spanish is so needed in the wellness industry!

The scholarship is in the amount of \$1622 towards purchase of the Master Certified Wellness Coach (MCWC) National Board Package program through Catalyst Coaching Institute.

The application includes the following:

1. Essay submission
2. Brief Interview

URL for information about scholarship opportunities for students to access:

<https://www.catalystcoachinginstitute.com/pathway-to-national-certification/>

results@catalystcoachinginstitute.com | Suzanna Cooper





Post-Graduate Certificate in Positive Psychology Health and Wellness Coaching

Provided by: **College of Executive Coaching**

College of Executive Coaching is committed to making high-quality coach training accessible to individuals who aspire to become certified health and wellness coaches. To support those with financial need, we offer the Health and Wellness Coach Training Scholarship, providing up to \$400 toward the tuition of our certification program.

Requirements to qualify: Applications will be reviewed by a small committee based on:

- The clarity and sincerity demonstrated in the response
- The clarity of the stated financial need
- The potential to contribute positively to the coaching profession
- All decisions are final

Scholarships will be awarded on a rolling basis, subject to the availability of scholarship funds, and will be based purely on the judgment of our organization's leadership team using the above application process and criteria. Program supports attainment of 50 coaching sessions.

. <https://executivecoachcollege.com/contact/>

katie@executivecoachcollege.com | Katie Hurtado

Certificate in Health and Wellness Coaching 2nd path: AAS Degree in Health and Wellness Promotion: Health and Wellness Coaching Specialty Option

Provided by: **College of Lake County** ●

Students pursuing our coaching programs can apply for a wide variety of scholarships, grants, and loans.

Requirements to qualify: Each scholarship has distinct requirements. Details are available at: <https://www.clcillinois.edu/get-started/financial-aid/types-of-financial-aid/scholarships>.
<https://www.clcillinois.edu/get-started/financial-aid>

jpabedinkas@clcillinois.edu | Joana Pabedinkas

Duke Health & Well-Being Coach Training

Provided by: **Duke Integrative Medicine**



Duke Health & Well-Being (DHWCT) has limited funds available for partial financial assistance for the DHWCT. The funds may cover up to 10% of the registration fee.

Requirements to qualify: To be considered, please submit your financial assistance application before the early registration deadline for your desired course. <https://dhwprograms.dukehealth.org/ufaqs/what-are-my-options-for-financial-assistance-aid-do-you-accept-fafsa-or-the-gi-bill-is-this-training-eligible-for-job-training-or-placement-programs/>

natasha.dobbins@duke.edu | Natasha Allen

Wellness Coach Certification

Provided by: **Expert Coach Center**

Scholarships are awarded to Wellness Warriors who are leaders in their field and intend to utilize their coaching certification to give back within their community or to the field of coaching.

Requirements to qualify: A personal statement of why the applicant is deserving of the scholarship and how they intend to utilize their coaching certification, a letter of recommendation from a non-family member/friend who can attest to their character, and an academic transcript (degree completion not required).

<https://www.expertcoachcenter.org/scholarships>

hollymiller@expercoachcenter.com | Holly Miller



Health Coach Certification Program

Provided by: **Functional Medicine Coaching Academy**

The Functional Medicine Coaching Academy (FMCA), in partnership with the Institute for Functional Medicine (IFM) and with the support of VoLo Foundation, offers Community Impact Scholarships to prospective students. These full scholarships cover tuition for FMCA's Health Coach Certification Program and are awarded to individuals dedicated to advancing health equity and wellness in underserved communities.

Requirements to qualify:

- Demonstrate a strong commitment to promoting functional medicine and health coaching in underserved communities.
- Show leadership and initiative in expanding access to holistic health solutions.
- Complete the scholarship application process, which includes outlining their mission and how they plan to contribute to their communities as a certified health coach.

<https://functionalmedicinecoaching.org/scholarships/>

kerry@functionalmedicinecoaching.org | Kerry Shultz



Mental Health Coach Training Program

Provided by: **Headspace**

Headspace offers the opportunity to apply for a limited partial scholarship award.

Requirements to qualify: Scholarship decisions are based on demonstrated financial need and the applicant's goals for using the training and certification to have the greatest impact in communities, particularly underserved ones.

Students have free access to Vibly's Pro Tier account for 90 days while in the program which they can use to begin marketing, organizing their services, conducting sessions, and even finding clients for board exam sessions (through Vibly's coach swap). We provide ideas for sourcing clients and our faculty is happy to individually help students brainstorm ideas on how to recruit coaching clients for their 50 sessions.

We have successfully worked with certain state workforce development centers who have provided funding of an eligible student's tuition, so we encourage applicants who may be eligible for this through their state to reach out to us.

We offer flexible, no-fee, no-interest payment plans over 12, 18, or 24 month installment terms.

We offer a discount to family members of current Full-Time W-2 Headspace employees and discounted tuition to 1099 contractors of Headspace.

<https://organizations.headspace.com/headspace-training-institute>

shelby.garay@headspace.com | Shelby Garay

Holistic Wellness Pathway

Provided by: **Hill College** ●

Hill College offers myriad scholarships through our financial aid department. Students complete the 50 coaching sessions in the Clinicals II course in our pathway.

https://www.hillcollege.edu/Admissions_Aid/FinancialAid/Scholar-Grants-WkStudy.html

amkinsey@hillcollege.edu | Amy Kinsey

Root-Cause Health Coaching™

Provided by: **Lifestyle Prescriptions® University**

\$1,500 scholarship / Tuition Reduction

\$10,000 tuition credit/scholarship

Requirements to qualify: No requirements. Schedule a call with Emma Patricio
<https://www.lifestyleprescription.tv/>

emma@lifestyleprescriptions.tv | Emma Patricio

Post-Baccalaureate Certificate in Health and Wellness Coaching (MUIH PBC in Health and Wellness Coaching)

Provided by: **Notre Dame of Maryland University**

Maryland University of Integrative Health (MUIH) offers federal loans, grants, and limited need-based scholarships to both in-state and out-of-state students. Students who are interested in applying for one or more scholarships and or grants must submit an online application separately from the admissions application.

Requirements to qualify: Each scholarship or grant has its own eligibility requirements. To qualify for scholarships or grants, students must first be admitted to MUIH and submit a Free Application for Federal Student Aid (FAFSA) form. <https://muih.edu/admissions/financial-aid/>

Finaidmuih@muih.ndm.edu | Philip Conrad

Health Coach Certification Program

Provided by: **Noom**

The exam application and test fees are funded by Noom for internal coaches for their first attempt.

deborah.pradhan@noom.com | Deborah Pradhan

AAS Degree in Wellness and Health Promotion



Provided by: **Northeast Wisconsin Technical College**

Northeast Wisconsin Technical College provides financial aid services to those students who qualify for financial aid. NWTC as a whole has scholarships that students can apply for.

https://www.nwtc.edu/admissions-and-aid/paying-for-college_

abby.helnore@nwtc.edu | Abby Helnore

Health and Wellness Coaching Academy

Provided by: **Nutrition Factors** ●

HWCA offers partial scholarships to students that have personal or financial needs.

Requirements to qualify: The student must submit a scholarship application detailing their certain circumstances on why they need the scholarship.

hwca@nutritionfactors.com | Janet Jackson



Community As Medicine Training Program

Provided by: **Open Source Wellness** ●



Open Source Wellness is a 501c3 non-profit organization that is dedicated to providing direct services and increasing access to health coaching in medically underserved communities. We are committed to creating a world in which everyone experiences abundant health, wellbeing, and human connection, especially those who have been historically excluded and marginalized. The tuition you pay for this program goes directly to helping to expand OSW's mission, vision, and reach to help others. We have limited financial scholarship available and try to offer it equitably to as many applicants as we can in order to make our training program more accessible.

As you think about what you can afford to pay for this program we invite you to consider what other potential sources of funding might be available to you (ex: crowdfunding, employer professional development funds, scholarships, friends & family support).

How much could you pay for this training program? The full tuition is \$5,199. (We can offer payment plans for 5 months or 6 months, and potentially longer especially with early enrollment)

Equity-Based Sliding Scale Tuition Options and Need- Based Scholarships

We are committed to making our programs accessible to a diverse range of participants, regardless of financial circumstances. To support this, we offer a sliding scale payment system that allows individuals to choose the option that best fits their financial situation, while also fostering community care.

If you are being sponsored by an organization or anticipate reimbursement from your workplace, please reach out to us directly. We're happy to discuss how we can best support you in arranging your tuition through these channels.

Payment Plan Options: In addition to our sliding scale options, we also offer flexible payment plans at no additional cost to help make participation more manageable. After you complete an application, interview, and receive acceptance you can enroll and immediately start your monthly payment plan. Apply early to be able to start your payment plans and spread them out for a longer time at no additional cost! Check the website for possible early bird pricing!

Continued on next page...

\$5,199 - Standard Tuition



\$4,699 - Flexible Tuition

This option offers a reduced rate for those who need some financial flexibility. It allows you to participate at a lower cost while still contributing to the program.

\$4,199 - Supported Tuition

This option is available for those who need more financial assistance in order to participate in the training.

\$3,699 - Community Tuition

This option is available for those who need more financial assistance in order to participate in the training.

Additional Need Based Scholarship Beyond Community Tuition -

for those who need more financial assistance beyond our Community Tuition in order to participate in the training. Amount of scholarship ranges based on need and availability of funds per cohort.

Students are asked to fill out an application, and then complete an interview. The Need- Based Scholarship application questions are part of the general application for the program.

After completing OSW's Community As Medicine Health Coach Training Program, there is the opportunity for graduates to apply for a limited number of spots to participate in Open Source Wellness Practicum. Those that complete the practicum receive a partial scholarship for their exam fees.

The practicum includes: Hands-on experience working with OSW participants using the OSW Community As Medicine model, mentorship, exam prep, and a scholarship to help with exam related fees.

Opportunity to complete Practical Skills Assessments in Spanish, Closed Captioning available.

<https://www.opensourcewellness.org/camtp>

camtp@opensourcewellness.org | Cryscilla Herbkersman

Master of Kinesiology in Integrative Wellness

Provided by: **Point Loma Nazarene University**



With a focus on whole health, the M.S. Integrative Wellness program at Point Loma Nazarene University provides \$12,000 in annual scholarships.

Requirements to qualify: Students must meet the admissions criteria and be accepted to the program.

<https://www.pointloma.edu/graduate-studies/programs/integrative-wellness-ms>

jmatthew@pointloma.edu | Jessica Matthews

Certificate of Achievement in Health and Wellness Coaching

Provided by: **San Diego Mesa College**

San Diego Mesa College offers a variety of scholarship and financial aid options to students.

We partner with a non-profit (founded and led by one of our instructors) to pair our graduates up with clients for their 50 coaching sessions. These clients are often students or work in the non-profit or education space.

We partner with a board exam prep program to give students free access to NBHWC exam prep.

Prospective students can find out more information about scholarship options and financial aid here:

<https://www.sdmesa.edu/student-support/scholarships/index.shtml>

kgraham@sdccd.edu



B.S. in Health and Wellness Coaching

Provided by: **Southern Connecticut State University,**
Dept. of Public Health ●



As an undergraduate degree program, all students in the major have access to university financial aid and scholarships. The university has a foundation that provides hundreds of scholarships to students each semester; many are focused on student related characteristics (degree programs, areas of residence, demographics). There are over 350 scholarships available for students to review and apply.

Requirements to qualify: Because these are university based scholarships, students need to be matriculated into a degree program at the university. Then they would search the database and find those that are eligible and fill out the application form. Students can apply to multiple scholarships through one application on the university website.

<https://inside.southernct.edu/foundation-scholarships>

risiskyd1@southernct.edu

Coaching Intensive Practicum

Provided by: **The Institute for Integrative Nutrition**

Two full tuition grants for the Coaching Intensive Practicum are awarded per cohort. Recipients are selected based on need and merit. Applicants may apply once per year.

Successful completion of IIN's foundational training, the Health Coach Training Program (or an approved equivalent) is required to enroll in the Coaching Intensive Practicum. Those who require the pre-requisite foundational coach training should instead reach out to admissions@integrativenutrition.com to enquire about partial tuition grants, which are issued throughout the year.

<https://www.integrativenutrition.com/coaching-intensive-practicum>

support@coachingintensivepracticum.com | Merritt Tracy



AIM Health & Wellness Coaching

Provided by: **University of California, Susan Samueli Integrative Health Institute**

Partial tuition scholarship available for all UC Irvine staff, faculty, students and Alumni.

Partial tuition scholarship available for qualified applicants who work in LA County. This funding is supported through a grant from Cedars-Sinai to expand access to care for underserved communities or those with behavioral health conditions.

Requirements to qualify: Must currently live or work in Los Angeles County and plan on using Health and Wellness Coaching skills to address and support those in the LA community, especially those with behavioral health and SUD challenges. We are looking for learners who are general medical or behavioral workforce team members.

<https://ssihi.uci.edu/education/continuing-integrative-health-education/aim-health-wellness-coaching-certificate-program/>

ssihieducation@hs.uci.edu

Integrative Health Coach Training

Provided by: **University of Health & Performance**

Scholarships are provided through a third-party. Please reach out directly to UHP admissions for more information. Institution supports students' 50 practice sessions.

admissions@uhp.com | Halle Haas



Integrative Health and Well-being Coaching

Provided by: **University of Houston**



10% discount for those who register by the published Early Registration Deadline.

Requirements to qualify: Submit an application, get approved for the program, and pay their program fees by the published Early Registration Deadline.

Support for the 50 coaching practice sessions are required by the UH IHWC Certificate Program and are included in the program fees. Our graduates complete the program ready with all the documentation needed to apply for the NBHWC exam. The UH IHWC is continuously working with community partners. We encourage applicants with financial need to ask about scholarship availability.

<https://uh.edu/population-health/education/ihwc/>

uhihwc@uh.edu | Adam Martinez, ED

M.A. Integrative Health & Wellbeing Coaching; Certificate, Post-Baccalaureate Integrative Health & Healing-Health Coaching Track

Provided by: **University of Minnesota** ●

The Earl E. Bakken Center for Spirituality & Healing at the University of Minnesota offers scholarships ranging from \$1,000 to \$5,000, which are determined during admission application review.

Requirements: Students enrolled in Master of Arts in Integrative Health and Wellbeing Coaching program

Student enrolled in Integrative Therapies & Healing Practices certificate program. Recipients must be active students registered for the term(s) when the scholarship is applied.

Students receiving the Regents Scholarship or Senior Citizen Education Program discount are not eligible.

<https://csh.umn.edu/academics/scholarships>

fider002@umn.edu | Erin Fider

Certificate in Health & Wellness Coaching

Provided by: **University of Vermont**



Out of state students can receive in-state tuition rates on the Professional and Continuing Education Certificate in Health and Wellness Coaching.

Requirements to qualify: Out-of state student

<https://learn.uvm.edu/program/integrative-health-and-wellness-coaching-certificate/>

learn@uvm.edu

Pediatric Health Coach Certificate

Provided by: **Pediatric Health Coach Academy**

Scholarships awarded up to \$1500 based on need, merit, and community application of coaching skills after completing scholarship application questionnaire.

Program provides support in attaining 50 coaching sessions.

Contact email for prospective student questions about scholarship opportunities:

arielle@pediatrichealthcoaching.com | Arielle Levi

Master of Science in Integrative Health and Wellness

Provided by: **University of West Georgia** ●

1. Out-of-State/International Tuition Waived – if qualified, student pays Georgia in-state tuition

<https://www.westga.edu/isap/waivers.php>

2. General university scholarships

<https://www.westga.edu/student-services/financialaid/scholarships.php>

Program supports attainment of 50 coaching sessions.

finaid@westga.edu

Wave Coach Training Program

Provided by: **Wave**



We do offer financial assistance to 20% of our training community in the form of full pro bono seats (\$4000 value), and half pro bono seats (\$2000 value).

The first step is to complete the application to the program from our website. At the end, there is a box that says, 'Anything else to add?' and that is where the applicant can indicate their interest in financial assistance. Once we know that financial assistance is needed, we will ask the applicant to indicate which form of financial assistance (full or half pro bono seat) would enable their ability to attend the program, as well as to share how taking the program will benefit them and their community.

We collect requests for financial assistance up to 3 weeks before the start of the cohort. When the financial assistance deadline is met, we then review all requests and make out determinations about how to allocate our 20% budget.

We then write to all who submitted requests to share our determination, and confirm with the awardees that they are able to commit to the next cohort of our program.

Program supports attainment of 50 coaching sessions. Free 7-week exam prep included.

<https://www.wavelife.io/coach-training-program>

coach-training@wavelife.io

Integrative Health Programs

Provided by: **Red Rocks Community College**

Our program is financial aid and scholarship eligible.

You need to be enrolled as a student and then apply through financial aid.

Program supports attainment of 50 coaching sessions.

ashley.tracey@rrcc.edu | Ashley Tracey

Coaching Certificate

Provided by: **Toivoa Coaching Academy**



Toivoa Coaching offers a \$1,000 scholarship to support prospective students pursuing National Board Certified Health & Wellness Coach (NBHWC) certification.

There are no specific requirements to apply, making this scholarship broadly accessible to all interested students.

Program supports attainment of 50 coaching sessions.

URL for information about scholarship opportunities for students to access:

<https://toivoacoaching.com/our-program>

cking@toivoacoaching.com | Christopher King

Core Coach Training Program

Provided by: **Wellcoaches**

We believe that pathways to health and well-being are a right and must be accessible by all. By having diverse, inclusive, and equitable organizations, coaches and their clients will build a long-lasting, positive legacy for future generations.

Wellcoaches is committed to providing free and low-cost opportunities for training and education to students who have been economically disadvantaged, underserved, or impacted by systemic racism and other structures that prevent growth. We are pleased to award up to 10 Coaching scholarships twice each year: May/June and in November/December.

Who is Eligible:

Underrepresented students and communities: Black, Brown, Indigenous and other people of color, ethnic or religious minorities, lower socio-economic or caste status, LGBTQIA+ persons, elderly, economically or educationally disadvantaged, formerly incarcerated individuals and immigrants.

Must have at least an Associate's Degree or 4000 hours of work experience.

Scholarship recipients are asked to contribute to the greater good by providing 4 hours of peer mentoring to a student in a subsequent program

Program offers support for 50 coaching sessions.

<https://www.wellcoachesschool.com/commitment-to-diversity>

erika@wellcoaches.com | Erika Jackson

Live Well Wellness Global Coach Training

Provided by: **Workplace Options**



We offer a 10% discount for active or retired military. In addition, Workplace Options' own employees may apply and participate in the program at no charge.

Requirements to qualify: Proof of military service

https://www.workplaceoptions.com/wellbeing_solutions/live-well-wellness-global-coach-training/

wpocoachtraining@workplaceoptions.com

University of South Carolina

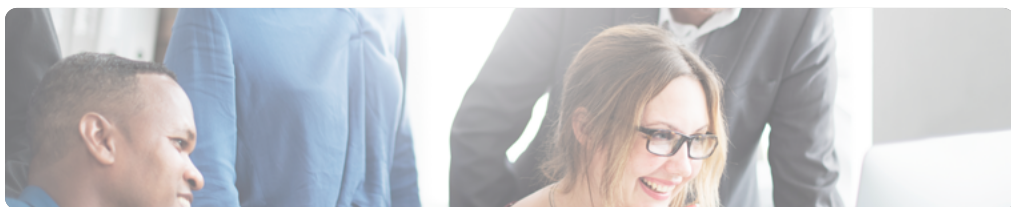
Provided by: **University of South Carolina - Lancaster**

We offer scholarships to help draw some of the finest academically prepared student leaders the region has to offer. We admit all students who show promise of academic success. Most of our students are first generation college students from rural areas, small towns, and cities across the central Piedmont area of the Carolinas. Through a broad commitment to equity, an extensive scholarship and financial aid program, the University of South Carolina Lancaster seeks to make education accessible, affordable, and convenient. For eligibility you must be enrolled as a full-time student at the University of South Carolina. Each scholarship has different requirements, terms, and conditions. Exam Scholarships and support in attaining 50 coaching sessions available.

URL for information about scholarship opportunities for students to access:

https://sc.edu/about/system_and_campuses/lancaster/apply/scholarships/

barberas@mailbox.sc.edu | Ashley Stevenson



Graduate Certificate in Integrative Health and Wellbeing Coaching



Provided by: **Northwestern Health Sciences University**

Students can apply for general university scholarships, requirements vary based on the funder.

Our final course of the program, INCR 6115, Community Practicum in Health and Wellbeing Coaching, is a 7-week course delivered over 15-weeks in which we support you by funneling volunteers to you and offering some virtual and/or in-person opportunities (or DIY opportunities) to internships to secure more volunteers. The goal of the course is to complete your 50 required coaching sessions, receive high-level supervision, participate in case consultations, and get deeper dive lectures on coaching in the industry . Financial aid and payment plans are available. We would certainly help students complete whatever paperwork they need for Employer sponsorship. If a student qualifies for MN Workforce Assistance (a resident of MN is one of the requirements), we work with DEED to secure funding approval.

URL for information about scholarship opportunities for students to access:
<https://www.nwhealth.edu/financial-aid/grants-scholarships/>

finaid@nwhealth.edu | Erin Kahn



Payment Plans



Health and Wellness Coach Training at Coach Training EDU

We include 12 and 18 month payment plan options.

Email: support@coachtrainingedu.com - Brittany Macdonald

Wellness Coach Certification at Expert Coach Center

Students can choose a 6 month or 12 month payment plan for no additional charge.

Email: hollymiller@expercoachcenter.com - Holly Miller

Community as Medicine Training Program at Open Source Wellness

In addition to our sliding scale options, we also offer flexible payment plans at no additional cost to help make participation more manageable. If you'd like to discuss a payment plan that fits your needs, please reach out and we will be happy to assist.

Email: camtp@opensourcewellness.org - Crystilla Herbkerman

Professional Wellness & Health Coach Certification at Real Balance Global Wellness Services Inc.

We offer an easy payment plan with no additional fees or interest.

Email: deborah@realbalance.com

Graduate Certificate in Integrative Health and Wellbeing Coaching at

Northwestern Health Sciences University: Integrative Health and Wellbeing Coaching

Email: finaid@nwhealth.edu - Erin Kahn

Health and Wellness Coaching Certificate at KGR Health and Wellness Academy, LLC

KGR intentionally keeps pricing low so that our course is affordable and accessible to everyone eliminating the need for scholarships. We offer a variety of payment plans to fit all student's needs.

KGR has developed an exam prep course that all KGR Graduates have free access to upon graduation

Email: bknott@bethknotthealthandwellness.com - Beth Knott

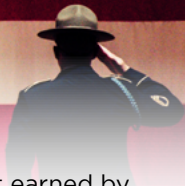
Mental Health Coach Training Program at Headspace

We offer flexible, no-fee, no-interest payment plans over 12, 18, or 24 month installment terms.

<https://organizations.headspace.com/headspace-training-institute>

Email: shelby.garay@headspace.com - Shelby Garay

GI Bill Eligible



The GI Bill is a Department of Veterans Affairs education benefit earned by members of Active Duty, Selected Reserve and National Guard members and their families. The benefit is designed to help service members and eligible veterans cover the costs associated with getting an education or training.

The GI Bill covers more than just tuition

You can use part of your entitlement to cover the cost of certain tests you need to take to become a licensed or certified professional—or to apply for college or a training course. The NBHWC board certification exam, called “Health & Wellness Coach Certifying Exam Program (HWCCP)” is an approved test under the GI Bill benefit.

The following NBHWC Approved Training Programs are eligible for the GI Bill. Please contact programs directly for details.

Health Coach Certificate at **Bucks County Community College**

Email: accounts@bucks.edu - Lizanne Watts

M.A. degree of Integrative Health Studies or Certificate in Integrative Health and Wellness Coaching at **California Institute of Integral Studies**

Email: finaid@ciis.edu

Certificate in Health and Wellness Coaching or AAS Degree in Health and Wellness Promotion: Health and Wellness Coaching Specialty Option at **College of Lake County**

Email: bgaroutte@clcollinois.edu - Brian Garoutte

Master of Science in Integrative Health and Wellness at **Creighton University**

Email: veterans@creighton.edu - Jennifer Austin



Holistic Wellness Pathway at **Hill College**

Email: cclay@hillcollege.edu - Cindy Clay

Health Education and Wellness Coaching or Wellness Coaching Certificate at **Loma Linda University**

Email: eguerpo@llu.edu - Esther Guerro

Post-Baccalaureate Certificate in Health and Wellness Coaching (MUIH PBC in Health and Wellness Coaching) at **Notre Dame of Maryland University**

Email: Finaidmuih@muih.ndm.edu - Philip Conrad

Graduate Certificate in Integrative Health and Wellbeing Coaching at Northwestern Health Sciences University

finaid@nwhealth.edu - Erin Kahn

Health and Wellness Coaching Academy at **Nutrition Factors**

Email: hwca@nutritionfactors.com - Janet Jackson

Master of Kinesiology in Integrative Wellness at **Point Loma Nazarene University**

Email: jmatthew@pointloma.edu - Jessica Matthews

Professional Wellness & Health Coach Certification at **Real Balance Global Wellness Services Inc.**

Email: deborah@realbalance.com - Deborah Arlosky

Integrative Health Programs at **Red Rocks Community College**

RRCC.Veteran.Services@rrcc.edu - Military and Veteran Services

Certificate of Graduate Study in Wellness Coaching at **Rowan University**

Email: globalstudent@rowan.edu



Certificate of Achievement in Health and Wellness Coaching at
San Diego Mesa College

Email: rmhernan@sdccd.edu - Ramiro Hernandez

B.S. in Health and Wellness Coaching at **Southern Connecticut State University, Dept. of Public Health**

Email: conroyb1@southernct.edu - Britt Conroy

Coaching Certificate at **Toivoa Coaching Academy**

cking@toivoacoaching.com - Christopher King

M.A. Integrative Health & Wellbeing Coaching; Certificate, Post-Baccalaureate Integrative Health & Healing-Health Coaching Track
at **University of Minnesota**

Email: csch-academics@umn.edu - Christina Owen

Master of Science in Integrative Health and Wellness at
University of West Georgia

Email: finaid@westga.edu

Health and Wellness Coaching Certificate at **UW Stevens Point**

Email: noah.lamaide@uwsp.edu - Noah LaMaide

Integrative Health Coach Training at **University of Health & Performance**

Email: admissions@uhp.com - Laura Lovell

A Wellness Revolution

Email: info@awellnessrevolution.com - Cathleen Beerkens



The National Board for Health & Wellness Coaching (NBHWC) is overseen by a board of directors, and supported by committees composed of volunteers and staff members who seek to advance the profession of health & wellness coaching.

Shortly after forming in 2012, the organization established a Job Task Analysis (JTA) for the industry, which was validated by more than 1,000 practicing health & wellness coaches. It has since been expanded to the HWC Content Outline, which now serves as the framework for the National Board Certification Examination, and the training and education standards that programs adhere to when applying for NBHWC approval.

In 2016, the organization began working with the National Board of Medical Examiners (nbme.org) to establish a board certification examination, which has since certified more than 12,000 health & wellness coaches who work in the fields of healthcare, employee wellness, government, and private practice. The National Board Certified Health & Wellness Coaching community is composed of trained, educated coaches, who are passionate about working with patients and clients for better health outcomes.

NBHWC Mission

To champion the advancement of health and wellness coaching through evidence-informed standards of education, training, credentialing and research.

NBHWC Vision

The NBHWC envisions a world where all people have the opportunity to thrive, including with the support of qualified health and wellness coaches.

www.NBHWC.org